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| Capilano Elementary Instructional Schedule for 2018-19 |  |
|  |  |  |  |  |
| NON-STANDARD WEEK |  |  |  |  |
| Mon., Tues, Thurs. & Fri. |
|  |  |  |  |  |
|  |   | **Time of Day** |
|  |   | (Enter as 24 hour clock\*) |
|   |  |  |  |  |
| Entrance Bell |  | 8:45 AM | to | 8:50 AM |
| First Instructional Period |  | 8:50 AM | to | 10:30 AM |
| Recess |  | 10:30 AM | to | 10:50 AM |
| Second Instructional Period |  | 10:50 AM | to | 12:10 PM |
| Lunch |  | 12:10 PM | to | 12:55 PM |
| Entrance Bell (end of lunch) |  | 12:55 PM | to | 1:00 PM |
| Third Instructional Period |  | 1:00 PM | to | 3:00 PM |
|   |  |  |  |  |
|   |   |   |   |   |
|  |  |  |  |  |
|  |  |  |  |  |
| Wed. |
|  |  |  |  |  |
|  |   | **Time of Day** |
|  |   | (Enter as 24 hour clock\*) |
|   |  |  |  |  |
| Entrance Bell |  | 8:45 AM | to | 8:50 AM |
| First Instructional Period |  | 8:50 AM | to | 10:30 AM |
| Recess |  | 10:30 AM | to | 10:50 AM |
| Second Instructional Period |  | 10:50 AM | to | 12:10 PM |
| Lunch |  | 12:10 PM | to | 12:53 PM |
| Entrance Bell (end of lunch) |  | 12:53 PM | to | 12:56 PM |
| Third Instructional Period |  | 12:56 PM | to |  2:20 PM |
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